

# SAINTS

## OF TODAY AND YESTERDAY

*May each sacrifice made for your love draw me nearer to you, O Heart of my Jesus.*

### SAINT ALEXANDER

*Bishop and Martyr († 823)*

Alexander journeyed to Rome to be consecrated by the pope for the episcopate of Fiesole, Italy. As bishop, he exhorted his people to “seek what is above” (Col 3: 1). Practicing what he preached, he prayed throughout the day and night. Alexander went to the court of a Lombard king to plead for the protection of ecclesiastical possessions against those seeking to usurp the Church’s rights. The bishop prevailed and won his case. But as he was journeying home, his opponents ambushed him and hurled him into a river, leaving him to drown. His body was recovered, and, following an initial burial, was later found to be exuding a beautiful fragrance.

### BLESSED FALCO

*Abbot († 1146)*

After entering the abbey of La Cava, situated near Salerno, Italy, Falco was chosen to serve as prior of an affiliated monastery near Cersosimo. Subsequently appointed abbot of La Cava, he was to be remembered for his holiness, gifted preaching, and prudent governance of the monastery.

*The Heart of the Bridegroom is the Heart of his Father. And what are the dispositions of the Father’s Heart? Christ himself has told us, where he says, “Be merciful as your Father also is merciful.”*

Saint Bernard